

INFANT MASSAGE

PROGRAM



FAIRVIEW FAMILY RESOURCE CENTRE-PARENT'N TOT

Will be offering a four session infant massage program

**KYLIE FIELD, A CERTIFIED INFANT MASSAGE INSTRUCTOR AND
POSTPARTUM DOULA WILL FACILITATE THE SESSIONS.**

DATES: OCTOBER 4, 11, 18, 25, 2011

TIME: 1:00pm to 2:00pm

WHERE: FAIRVIEW FAMILY RESOURCE CENTRE-PARENT'N TOT

**Located in the Fairview United Church Hall, 3524 Dutch Village
Road, Halifax, NS.**

Come join Kylie to learn massage techniques on your baby!

-help baby to sleep better

-help promote bonding and relaxation

-relief from gas and constipation

-relief from colic pain