



SEPTEMBER 2011

“Making Parenting a Pleasure”

Hosted by Mollie Mac Gregor (School Counsellor) and Bonnie Warren (IWK Shared Care)

In collaboration with The IWK Health Centre, we will be offering “The Incredible Years” parenting program for the parents of students at Burton Ettinger and Duc d’Anville Schools. At the heart of this course is the belief that parenting is the most important job there is and that parents are their children’s most important guides and teachers. You will experience a warm and safe environment where you can feel comfortable sharing experiences and enhancing your parenting skills. Topics will include play, effective praise, rewards, clear limit setting, dealing with non-compliance and difficult behaviours, logical consequences, problem –solving, promoting self-confidence and others. Parents from our last group encourage you to take advantage of this opportunity. Here are some of their comments. “I can’t say enough positive about it. It made me more aware. We could respect each others views without judgement. It was heartening to hear other parents experiencing difficult behaviours from their children. Improve your parenting skills. This course is for everyone”.

WHO: This is for parents of elementary aged children. Burton Ettinger and Duc d’Anville parents will be given priority.

WHERE: The Guidance room at Burton Ettinger School at 52 Alex Street in Fairview.

START DATE: Wednesday October 5, 2011 and running weekly for 10-12 weeks

TIME: 9:00am -1100 am Wednesday mornings

COST: FREE!! Refreshments provided

CHILD CARE: Fairview Family Resource Centre will be providing a “Rhyme and Rhyme” Program for the pre school children of the parents in the group on site at Burton Ettinger and it is FREE.

REGISTRATION starts now and will run until October 3rd or until the group is full. Contact Mollie Mac Gregor at mmacgregor@hrsb.ns.ca or call 457-8915(Burton) or 457-2502(Duc) to register.

Don’t miss out on this great opportunity to learn together. Call Mollie with any questions.